

34Th ANNUAL BOSTON INTERNATIONAL TRAUMA CONFERENCE PRESENTERS

Dr. Dayton



Dr. Dayton is a Senior Fellow at [The Meadows](#). She is the author of fifteen books including *The Soulful Journey of Recovery*, *The ACoA Trauma Syndrome*, *Emotional Sobriety*, *Trauma and Addiction*, *Forgiving and Moving On* and *The Living Stage*. She has developed an approach for incorporating experiential work into treatment programs and group work, *Relationship Trauma Repair RTR*.

Tian Dayton has a masters in educational psychology and a PhD in clinical psychology and is a board certified trainer in psychodrama, sociometry and group psychotherapy. She is a certified Montessori teacher. Dr. Dayton is the director of The New York Psychodrama Training Institute. She is a nationally renowned speaker, expert, and consultant in psychodrama, trauma and addiction, ACoAs and self help related issues. Dr. Dayton was on the faculty at NYU for eight years teaching psychodrama. Dr. Dayton is a fellow of the American Society of Psychodrama, Sociometry and Group Psychotherapy ASGPP, Lifetime Achievement Award, the scholar's award, President's Award and Gratitude Award, former editor in chief of the *Journal of Psychodrama, Sociometry and Group Psychotherapy* and professional standards committee. She is also the winner of The Mona Mansell Award and The Ackermann Black Awaard. Dr. Dayton has been a guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo. Tian blogs for Thrive Global and The Huffington Post,

Gus B. Kaufman, Jr., Ph.D



Gus B. Kaufman, Jr., Ph.D is an experienced clinical psychologist, who works with individuals, couples, families and groups as well as providing training and supervision for other therapists. In addition to lecturing and teaching around the U.S., Europe and Asia, Gus has co-founded five non-profit organizations and published many chapters and articles. Gus is a senior trainer in Pessu Boyden System Psychomotor therapy, a powerful, gentle, body-based method of emotional re-education and healing. He has used this work with a variety of groups including teens in trouble at a residential school in Massachusetts, people in chronic pain and other therapists seeking personal growth. Gus is also a

student of Marshall Rosenberg's Nonviolent Communication (NVC) and incorporates this approach in his work.

Bessel van der Kolk, MD



Bessel van der Kolk, MD is a clinician, researcher, and teacher best known for his work with PTSD. Kolk has been active in the mental health field since the 1970s and is the author of the New York Times best-seller *The Body Keeps the Score*, which has been translated into 35 languages, and of well over 150 peer-reviewed scientific articles.

Kerry J. Ressler, MD, PhD



Kerry J. Ressler, MD, PhD is chief scientific officer and James and Patricia Poitras Chair in Psychiatry at McLean Hospital. He is also a professor in psychiatry at Harvard Medical School and past-president of the Society for Biological Psychiatry. Dr. Ressler was previously an investigator of the Howard Hughes Medical Institute and is a member of the National Academy of Medicine.

Dr. Ressler's lab focuses on translational research bridging molecular neurobiology in animal models with human genetic research on emotion, particularly fear and anxiety disorders. He has published over 350 manuscripts ranging from basic molecular mechanisms of fear processing to understanding how emotion is encoded in a region of the brain called the amygdala, in both animal models and human patients.

Tania Singer



Tania Singer is the head of the Social Neuroscience Lab of the Max Planck Society in Berlin. She is founder and principal investigator of the ReSource project, a large-scale longitudinal study on the effects of mental training on brain plasticity, mental and physical wellbeing and prosocial behavior, co-financed by the European Research Council. She further holds a cooperation with Prof. Dennis Snower, the former president of the Kiel Institute for the World Economy, on the topic of Caring Economics, funded by the Institute of New Economic Thinking. They investigate how biology and psychology can inform new economic models and decision-making. In the context of her longtime membership at the Mind and Life Institute, she helped organize together with Matthieu Ricard two large-scale conferences with the Dalai Lama in 2010 in Zürich and in 2016 in Brussels. These two conferences were published in two books, "Caring Economics" and "Power and Care". Tania has further published her findings in more than 150 high-impact peer-reviewed journals and book chapters.

Dr. Ronald D. Siegel



Dr. Ronald D. Siegel is an Assistant Professor of Psychology, part time, at Harvard Medical School, where he has taught for over 35 years. He is a long-time student of mindfulness meditation and serves on the Board of Directors and faculty of the Institute for Meditation and Psychotherapy. He teaches internationally about the application of mindfulness practice in psychotherapy and other fields, and maintains a private clinical practice in Lincoln, Massachusetts. Dr. Siegel is author of a comprehensive guide for general audiences, *The Mindfulness Solution: Everyday Practices for Everyday Problems*; coeditor of the critically acclaimed text, *Mindfulness and Psychotherapy, 2nd Edition* and of *Wisdom and Compassion in Psychotherapy*; coauthor of the professional guide *Sitting Together: Essential Skills for Mindfulness-Based Psychotherapy*; coauthor of the self-treatment guide *Back Sense*, which integrates Western and Eastern approaches for treating chronic back pain; and author of the new book, *The Extraordinary Gift of Being Ordinary: Finding Happiness Right Where You Are*. He is also professor for *The Science of Mindfulness: A Research-Based Path to Well-Being* produced by The Great Courses, a regular contributor to other professional publications, and co-director of the annual Harvard Medical School Conference on Meditation and Psychotherapy.

Bethany Brand, Ph.D.



Bethany Brand, Ph.D. is a Psychology Professor at Towson University. She has over 30 years of clinical and research experience, including training at Johns Hopkins Hospital, George Washington University Hospital, and at Sheppard Pratt Health System's Trauma Disorders program. Dr. Brand has over 100 published papers focusing on treatment of dissociative individuals (i.e., the TOP DD studies); assessment methods for distinguishing dissociative disorders from other conditions including malingering; and the adequacy of textbooks' coverage of trauma, among other topics. She has delivered clinical and research presentations around the world. She is a co-author of "Finding Solid Ground: Overcoming Obstacles in Trauma Treatment" and "The Finding Solid Ground Workbook". Her book on the assessment of dissociation will be published in 2023.

Licia Sky



Licia Sky is the Co-founder and current CEO of Trauma Research Foundation. Licia guides transformational experiences by incorporating dynamic observational exercises to foster safe, transformative inner and interpersonal connections. Her methods are informed by over 25 years as an artist, musician, bodywork therapist, yoga practitioner, and dancer; and integrate poly-vagal theory, parts work, and the latest research on trauma and the body.

Cathy Malchiodi, PhD



Cathy Malchiodi, PhD, REAT is the executive director of the Trauma-Informed Practices and Expressive Arts Therapy Institute, is the 2022 Cecil and Eda Green Honors Chair on trauma and expressive arts, and is an investigator on a five-year grant with the US Department of Education, integrating trauma-informed expressive arts into classrooms. A popular presenter and workshop leader, she given over 700 invited keynotes and workshops throughout the US, Canada, Asia, Europe, the Middle East, and Australia. She has authored 20 books, including the bestselling *Trauma and Expressive Arts Therapy: Brain, Body, and Imagination in the Healing Process* and *Understanding Children's Drawings*. Her publications have been translated in over 20 languages.

Diana Fosha, PhD



Diana Fosha, PhD, is the developer of AEDP (Accelerated Experiential Dynamic Psychotherapy), a healing-based, transformation-oriented model of psychotherapeutic treatment and she is Founder and Director of the AEDP Institute. For the last 20 years, Diana has been active in promoting a scientific basis for a healing-oriented, attachment-emotion-transformation focused trauma treatment model. Fosha's work focuses on integrating positive neuroplasticity, recognition science and developmental dyadic research into experiential and transformational clinical work with patients. Her most recent work focuses on promoting flourishing as a seamless part of AEDP's therapeutic process of transforming emotional suffering. Drawing on affective neuroscience, attachment theory, mother-infant developmental research, and research documenting the undreamed-of plasticity in the adult brain, AEDP has developed an experiential clinical practice which reflects the integration of science, research and practice in psychotherapy.

Based in New York City, where she lives and practices, Fosha has been on the faculties of the Departments of Psychiatry and Psychology of NYU and St. Luke's/Roosevelt Medical Centers (now Mount Sinai) in NYC, and of the doctoral programs in clinical psychology at the Derner Institute for Advanced Psychological Studies at Adelphi University and at The City University of New York.

Matthew Fleischman, PhD



Matthew Fleischman, PhD, Co-Director of the **Neurofeedback Advocacy Project**, whose mission is to implement neurofeedback within our existing healthcare system with particular concern for agencies working with the underserved and difficult-to-serve. To date the project has implemented neurofeedback in over 20 agencies, trained over 100 clinicians and is tracking the session-by-session results for over a 1000 clients. This ever growing data is published live to our website, NeurofeedbackAdvocacyProject.com using our Results Tracking System, a HIPAA-compliant, multilingual, online program to demonstrate the clinical, behavioral, social and medical impact of neurofeedback when implemented in real-world settings.

Adriana Barton



Adriana Barton is a journalist specializing in health research and the author of *Wired for Music: A Search for Health and Joy Through the Science of Sound* (Greystone Books, 2022). A former health reporter at Canada's national newspaper, *The Globe and Mail*, she has written about medical research, neuroscience, visual arts, architecture, music and pop culture for publications including the *Boston Globe*, *Reader's Digest*, *Utne*, *Azure*, *Western Living* and *San Francisco Bay Guardian*. She studied the cello for 17 years with teachers including international solo artist Antonio Lysy and former Cleveland Orchestra principal cellist Stephen Geber. Research projects have taken her to Syria, Jordan, India, Cuba, Zimbabwe and Brazil. She lives in Vancouver, British Columbia.